

SOURCE	RUBRICS	REMEDIES	PSM SIR'S COMMENTS		
BOERICKE	Knees- cracking of patella, on going upstairs		ok ok no major importance		ok ok
	Knees- numbness				
	Knees- pain, lying ameliorates		non specific general		
	Knees- pain, motion on		again not very specific		
	Bubbling- knees		crepitus		
	Bubbling- popliteus		crepitus		
	Bubbling- patella in		crepitus		
	Cracking joints in knee- descending stairs		nonspecific patho wise, crepitus		
	Cracking joints in knee- extending limb		nonspecific patho wise, crepitus		
	Cracking joints in knee- flexing when		nonspecific patho wise, crepitus		
	Cracking joints in knee- stretching when		nonspecific patho wise, crepitus		
	Cracking joints in knee- walking while		nonspecific patho wise, crepitus		
	Cracking joints in knee- patella	Gels	nonspecific patho wise, crepitus		
	knees- dislocation of patella, on going upstairs		DISLOCATION is major. if every time stair climbing then , it is habitual dislocation where no medicine will help. only surgery or acceptance.		medication not imp
	Dislocation patella		acute emergency... dont give medicine.... do closed reduction urgently		
	Extr, ankylosis, knee		ANKYLOSED, SO PAINLESS STIFF, DO SX		
	knees- Hygroma Patella		superficial to patella is prepatellar bursa deep to patella is effusion		confusing
	Knees- pain, crossing limb		it could be a meniscal pathology or a loose body or due to knee locking.		
	Knees- pain, exertion after		???		
	Extr, dislocation, sprains, knee, patella on ascending stairs		? ? chondromalacia, oa, muscle weakness		
			kuchch bhi		
	Knees- Swelling- painful		acute, chronic. inflammation. anything		
	Cracking joints in knee		crepitus		
	Knee- pains in general		non specific		

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	knees- inflammation (synovitis, bursitis, housemaid's knee)- acute		this rubric gives a list of anti-inflammatory drugs, like theres NASIDs -, the drugs could be Hom NSAIDs, but which one is the remedy for the case needs a consideration, which could be looking at the totality of the case and the subrubrics.		very confusing
	Knees - inflammation (synovitis, bursitis, housemaid's knee)- chronic			everything?!!!	
	Weakness- Knee				
	Arthritic nodosities- in skin over joint				
	Compression knees				
	Compression knees- walking while				
	Constriction- knees				
	Cracking joints in knee- cartilage as if slipped	GIVE WAYS??		kuchch bhi	
	Knocked together- knees			genu valgum	
	Knee- pain- rheumatic			no meaning...needs more specificity	
	Extr, compression, knee			NON SPECIFIC	
	Extr, dryness, knee joint			kuchch bhi	
	Knees- numbness, sitting after			specific homeo...no pathologic specifics	homoe specific
	Knees- numbness, walking after		so this rubric must contain more of neurological remedies	lumbar compressive radiculopathy at L 3,4	
	K - Knees - gnawing			homoeopathic PQRS	
	K - Knees - throbbing			homoeo specific/severe infective	
	K - Knees - totter - ascending, on			PF	
	K - Knees - totter - descending stairs			PF	
	Knees- numbness, walking while		so this rubric must contain more of neurological remedies	lumbar compressive radiculopathy at L 3,4	patho specific
	Knees- pain, descending stairs			patello femoral, more lower patella, patellar tendon pathology	
	Arthritic nodosities- on condyles, painful			amjl, mjl (joint line)prominences, indicative of osteophytes	
	Knee- ulceration of cartilage			mri finding. cartilage cratering[oa, chondromalacia,osteocondritis desicns, spontaneous osteonecrosis of carilage, RA, SSA]	
	K - Knees - catch, in			locking	
	K - Knees - totter - standing, when			SEVERE PAIN/LIG LAXITY	
	Extr, discoloration, redness, knee			acute inflammatory, infective	

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	Extr, heaviness, tired limbs, knee		more general less local specific		
	Knees- pain, ascending stairs		patellofemoral or hamstring tendon affection		patho+ homoe
	Knees- pain, bending on		patellofemoral , effusion acute, qceps acute injury		
	Arthritic nodosities- pinching and cracking on motion		OA RA gross		
	Contractions knees, hollows of		hamstring tightness, contractures, flexion deformity		
	Cracking joints in knee- right		crepitus		
	Cracking joints in knee- left		crepitus		
	Cracking joints in knee- ascending stairs		nonspecific patho wise		
	Crossing the legs, impossible	Cann-s	no palathi..knee problem, no crossing while wearing short skirt...hip problem		
	heaviness knees- rest, worse during		inflammatory like RA SSA		
	Heaviness knees- rising from seat, after		patellofemoral ptho		
	Heaviness knees- sitting		cinema sign,, chondromalacia patella		
	Heaviness knees- walking after		more femorotibial chondromalacia/oa		
	Popliteal pain		hamstring/ gastroc/ post part of meniscii/ baker cyst/ dvt... could be anything		
	K - Knees - bend, suddenly, standing when		giveaways due to pain		
	K - Knees - burning - below		parasthesia due to L4radicle		
	K - Knees - burning - in		parasthesia due to L3radicle		
	K - Knees - contracted		stiffness,hamstring tight		
	P - Poplitaei - bending knee agg		POST HORN MENISCAL TEAR,ACL MYXOID DEGENRTN		
	Extr, arthritic nodosities, knee		amjl, mjl (joint line)prominences, indicative of osteophytes; OA RA gross		
	Extr, awkwardness, lower limbs, stumbling when walking, pain in knee, from		MULTIPLE PATHOLOGIES - SEVERE OA, OA WITH LIG LAXITY, LIGAMENTUS INJURIES - POORLY HEALED, MENISCAL TEAR, NEURO PROBLEM WITH OA KNEES		
	Extr, formication, knee		L3,4 compressive radiculopathy		
	Extr, heat, knee		inflammatory		

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	Extr, fibroids, hollow of knee, recurrent		Baker's cyst		
	K - Knees - kneeling - agg		patellar pathology		
	K - Knees - kneeling - rising from agg		patellofemoral pathology		
	K - Knees - totter - bend and, while walking		OA KNEES WITH DEFORMITY AND POOR MUSCLES		
	K - Knees - walking agg		TIBIOFEMORAL JT AFFECTION		
	Knees- pain, move on beginning to		typical rhustox		general homoe gp level, NOT HOMOE SPECIFIC
	Knees- Stiffness, painful		multiple pathologies possible		explore more
	Unsteadiness- knee		neuro- qceps weakness, post traumatic ligamentous laxity		
	Extr, bursae - ; Subrubric - patella, bursitis prepatellaris; Subrubric - chronic, patella, housemaids knee				
	Extr, limping, pain in knee, from		pathology may not be iin the knee it means... limping due to something then causes pain in the knee		
	Knees- Stiffness, ascending steps		patellofemoral or hamstring tendon affection		
	Knees- Stiffness, descending stairs		patello femoral, more lower patella, patellar tendon pathology		
	Knees- Stiffness, moving on beginning to		typical rhustox?		
	Knees- Stiffness, rising from seat		patellofemoral or hamstring tendon affection		
	Arthritic nodosities- knees		amjl, mjl (joint line)prominences, indicative of osteophytes		
	Dislocation patella, going upstairs when	Hyos	DISLOCATION is major. if every time stair climbing then , it is habitual dislocation where no medicine will help. only surgery or acceptance.		
	Flexed knee	Nux-m +3	hamstring tightness, contractures, flexion deformity		

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	Heaviness knees- ascending steps		patellofemoral or hamstring tendon affection???.patellofemoral		
	Inflammation knees		everything?!!!		
	Numbness- knees		same as 4		ok ok
	Knee- Swelling		?? superficial to patella is prepatellar bursa deep to patella is effusion		
	Knee- Weakness		same as 32		very confusing
	G - Gait - knees, knock against each other		genu valgum		
	K - Knees - ascending - agg		patellofemoral or hamstring tendon affection		
	K - Knees - ascending - and descending agg		patellofemoral or hamstring tendon affection		
	K - Knees - cracking		crepitus		
	K - Knees - cramp		kuchh bhi !!		
	K - Knees - descending agg		patello femoral, more lower patella, patellar tendon pathology		
	K - Knees - effusion		superficial to patella is prepatellar bursa deep to patella is effusion		
	K - Knees - heaviness		stiffness,		
	K - Knees - house maid's		DISLOCATION is major. if every time stair climbing then , it is habitual dislocation where no medicine will help. only surgery or acceptance. superficial to patella is prepatellar bursa deep to patella is effusion		
	K - Knees - jerks - absent		non specific		
	K - Knees - jerks - increased		non specific		
	K - Knees - knock		genu valgum		
	K - Knees - spread apart		genu varum		
	K - Knees - tension		?swelling		
	K - Knees - weak		non specific		
	Extr, band sensation, knee under		hamstring tightness, contractures, flexion deformity		
	Extr, bandaged, as if, knee		patello femoral, more lower patella, patellar tendon pathology; patellofemoral or hamstring tendon affection; multiple pathologies possible; typical rhustox?		

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	Extr, bending, knees		CREPITUS
	Extr, bubbling sensation, knee		NON SPECIFIC
	Extr, constriction, knee		hamstring tightness, contractures, flexion deformity
	Extr, cramps, knee		MAY BE stiffness
	Extr, flexed, knee		hamstring tightness, contractures, flexion deformity
	Extr, inflammation, knee		inflammatory
	Extr, knocked together, knees		GENU VALGUS - IF PAINLESS, MEDIAL OA - IF PAINFUL
	Extr, lameness, knee		non specific
	Extr, looseness, knees		maybe giveaways
	Extr, stiffness, knee		done
	Extr, swelling, knee		done
	Extr, tension, knee		?? tight large effusion
	Extr, trembling, knee		more general less local specific
	Extr, twisting sensation, knee		giveaways
	Extr, weakness, knee		nonspecific
	गूडघा, अशक्त (weak)		
	गूडघा, अशक्त, चलताना (walking, while)		
	गूडघा, अशक्त, जिना उतरताना (descending stairs)		
	गूडघा, अशक्त, जिना चढताना (ascending stairs)		
	आखडलेला (contracted)		STIFFNESS
	आग, आत (burning, in)		
	आत, धक्के बसतात (shocks through)		CLICKS / GIVE WAYS
	आत, धक्के बसतात, पाणी साचते (effusion)	? meniscal tears/loose bodies	CLICKS WITH EFFUSION
	उतरताना जा हो (descending agg.)		
	कटकट आवाज (cracking)		NON SPECIFIC CLICKS
	कंप (tremble)		MORE NEUROLOGICAL
	गूडघे टेकल्याने जा हो (kneeling agg.)		PATELLAR OR PRE-PATELLAR PATHOLOGY
	गूडघे टेकल्याने जा हो, वर उठताना जा हो (kneeling, rising from agg.)		
	गूडघ्यावर गूडघे आपटतात (knock together)		GENU VALGUS - IF PAINLESS, MEDIAL OA - IF PAINFUL
	गूडघ्यावर गूडघे आपटतात, चढताना जा हो		

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	गुडघ्यावर गुडघे आपटतात, चढताना जा हो, आणि उतरताना जा हो		
	चालताना जा हो (walking agg.)		
	चालताना जा हो, वर उचलताना जातो, आपोआप		
	जड (heaviness)		
	ठूसठूस (throbbing)		
	ताणल्यासारखे (contracted)		
	दुखतो, दाबल्याने		
	पेटके (cramp)		
	बधिर (numb)		
	बांधल्यासारखे वाटतात (bandaged)		
	मागील खळी (popliteae)		
	मागील खळी, आखडलेली, ताणलेली (contraction)		
	मागील खळी, उभे राहिल्याने जा हो (standing agg)		
	मागील खळी, करवडलेली (excoriation)		
	मागील खळी, गुडघा वाकविल्याने जा हो (bending knee agg.)		
	दुखते (painful)		
	दुखते, पाय लांब केल्याने जा हो (extendign leg agg.)		
	दुखते, बसल्याने जा हो (sitting agg.)		
	दुखते, हालचाली जा हो (motion agg.)		
	वाटी (patellae)		
	वाटी, खाली पाचर आहे असे वाटते (pebbles under patella/ plug under)		
	वाटी, गुडगुड आवाज (gurgling)		
	वाटी, ठूसठूसते (Throbbing/ pulsation)		
	वाटी, वेदना, त्यामुळे चालताना अडथळ येतो (pain, impending walking)		
	RUBRICS THAT COULDN'T CORELATE TO ANY PATHOPHYSIOLOGY		
	Extr, blood, rush of blood to knees		nonspecific
	Extr, coldness, knee		nonspecific
	Extr, chilliness, knee		nonspecific
	Extr, convulsions, knee		kuchch bhi